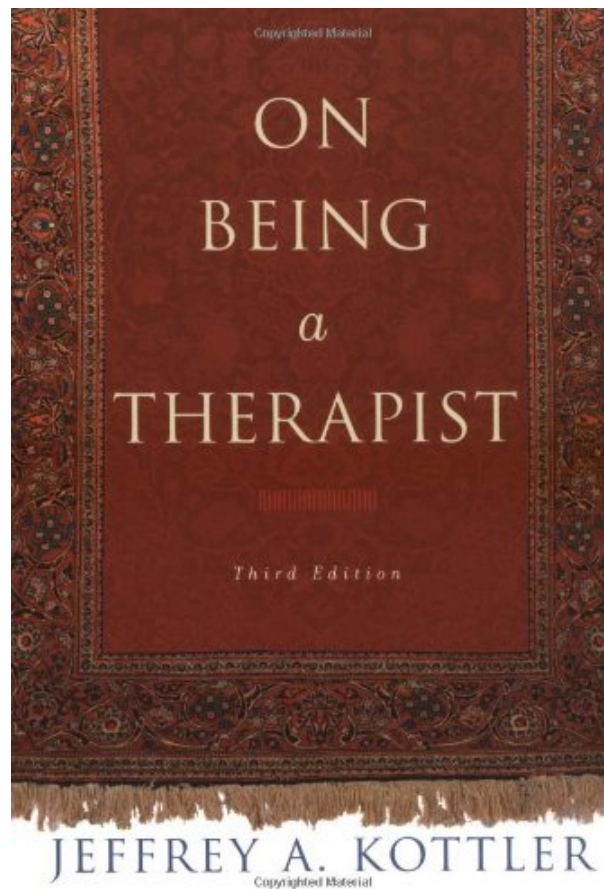
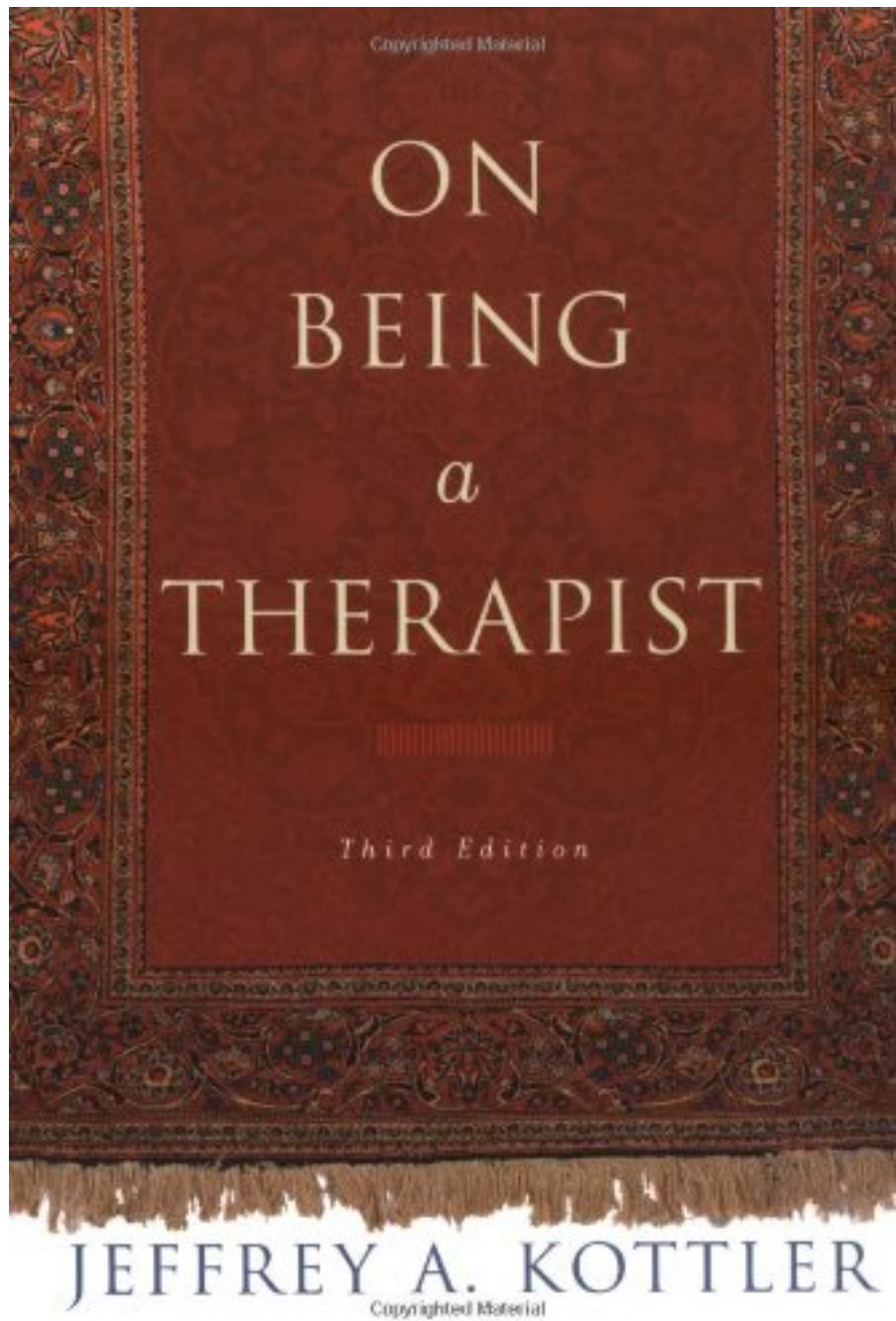


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"This is one of those rare and exciting books that reaches deep into the heart of a profession and discloses not only its day-to-day workings but also the very personal satisfaction, problems, doubts, and joys its practitioners experience."

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- Sales Rank: #281234 in Books
- Published on: 2003-09-29
- Original language: English
- Number of items: 1
- Dimensions: 9.11" h x .83" w x 6.02" l, .82 pounds
- Binding: Paperback
- 304 pages

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One way to communicate love.

By Muse

I finished "deeply" reading this book for fun a few days ago. I flipped thru it over 10 years ago at b&n and it just came back to me and thought I'd give it a try again.

I'm glad I found it on Amazon for \$0.99+\$3.99 shipping. It didn't take long for delivery either. Other sites definitely don't beat that price!! And the quality was awesome. I spilled a drink on it and I already added highlights tho. lol. I bought it just for my own personal studying purpose; I don't go to school anymore.

I love that Jeff is so honest. I felt his love and honesty. At the end of the day, we don't need words and numbers to feel the love we already had since the beginning of birth.

10 of 11 people found the following review helpful.

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By R. Maung

Absolutely the best book to read for a therapist, whether beginner or well experienced in the field. It's so honest, with a hint of humor, and laid out so organized. The progression from introducing the concepts to applying in day to day therapist work is very well thought out and written. It doesn't pathologize any real personal feelings that a therapist can have during and about their work, but instead it accepts it as it is, and then tries to help one understand where it's coming from. When I read this book, it helped me feel so validated about my own frustrations with my work, and also helps me reflect my own part in it, and what I can do next. I've taken a more self-awareness and directive approach in pursuing my career as a therapist after reading this. It is not pretentious at all, yet so very precise and well-supported by discussions of what it means to be a therapist. I think every therapist should read this to be an ethical therapist in the field, and also for own personal self-care in our profession. I'm in love with this book.

6 of 8 people found the following review helpful.

Candid, Wisely Insightful and Encouraging

By Emanuel Perdis

Its the first time I read one of Kottler's books. Incredibly easy to read, very organised, extremely practical and inspiring in its honesty of the good, the bad and the ugly of the therapist's calling. I keep it in a draw to read my favourite parts before a session. A must for the novice therapist. The other "bible" I keep re-reading is Mary Pipher's "Letters to a Young Therapist". Brilliant!

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