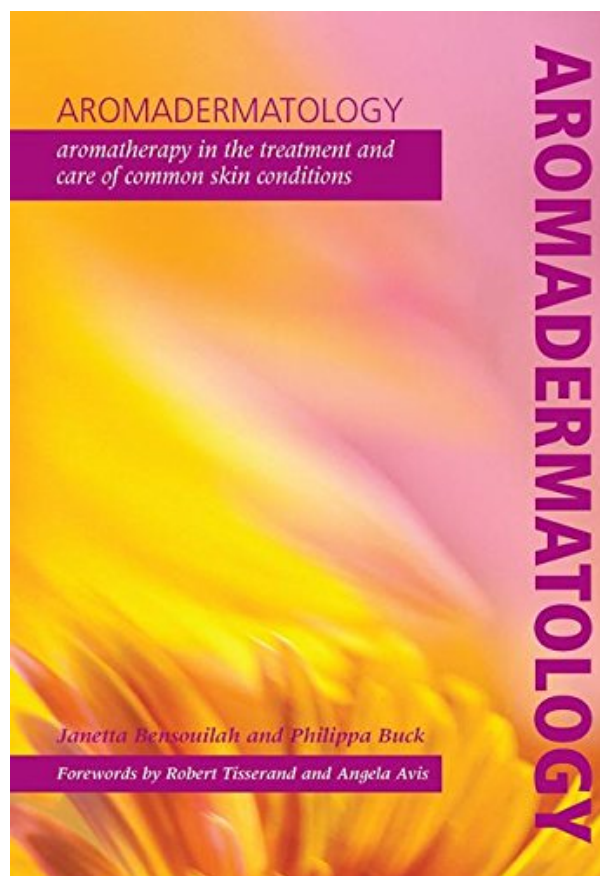
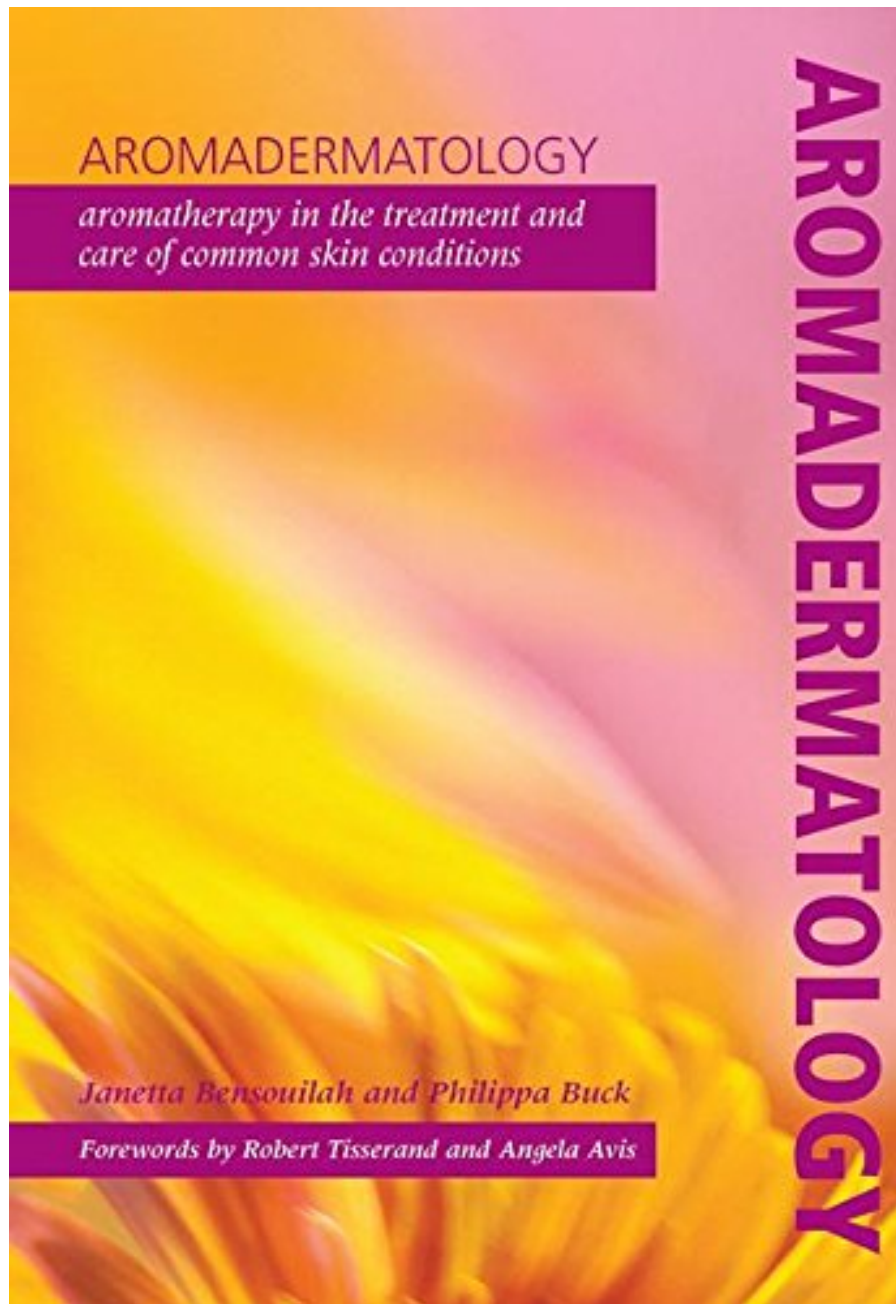


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Respectively Private Practitioner of Acupuncture and Aromatherapy, Surrey and Registered Principal Tutor, International Federation of Professional Aromatherapists (IFPA); Aromatherapy Practitioner in Private Practice, Surrey and Registered Tutor, International Federation of Professional Aromatherapists (IFPA)

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This comprehensive, evidence-based guide promotes an integrative approach to using complementary therapies with conventional medicines.

It increases awareness of the sound scientific basis to aromatherapy with a wealth of data, and contains practical information for treatment.

Contents include: Skin structure and function * Essential oil sciences in context * Aromadermatology and safety issues * The essentials of aromatic formulations * Skin-care essentials * Skin and the psyche * Skin infections * Childhood skin complaints * Inflammatory disorders * Wound care * Nails, hair and sebaceous glands

‘With the growing interest in aromatherapy, it is important that therapists and healthcare professionals are able to offer a valid rationale when integrating essential oils into clinical care. Sound knowledge of biochemical principles and the ability to critically appraise and apply relevant research are fundamental requirements. This book offers a comprehensive, in-depth view of current knowledge. The authors have skilfully woven research and clinical application. A range of therapeutic possibilities is explored and offers practitioners alternative approaches to the management of skin conditions. These include detailed discussions on different methods of application. I hope that this book will become a standard text on both pre-qualifying and CPD courses in aromatherapy.’ – Angela Avis, in her Foreword

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